

There's a better way to turn Parys into Paris



Latest News



Man in motion

8 June 2017

Why not spoil the man in your life this Fathers Day with a recliner - it's the perfect gift, offering hours of in-home comfort and excellent lumbar support. Claire Gibson from leading motion-seating manufacture, La-Z-Boy®, offers some advice.

FIND A HOME CLOSER TO WORK OR A HOME TO RENT



MAGAZINE



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FIND A CLEANING SERVICE OR A PHARMACY



Whether your Dad is sports-mad, or he is an avid gamer, a movie buff, a ferocious reader, or he just likes to relax, unwind and shoot the breeze – a recliner is a great in-home asset for any man! Says Claire Gibson from leading furniture manufacturer, La-Z-Boy®: “Father’s Day is just around the corner, but the question of what makes the perfect Father’s Day gift has plagued humanity for generations. There is one gift however, that never fails to please and will undoubtedly make you his favourite child – a recliner.

“Think about it – your dad derives no pleasure from coming home after a hard day’s work to a home with nowhere to relax and unwind comfortably. His choices range from a hard, sterile, but very fashionable sofa that Mom chose for the lounge, to the broken-down fabric couch that is full of bits of food, miscellaneous stains, and random toy parts in the living room. Every time he sits on either of these, a piece of him dies. So prevent your dad’s untimely death by giving him the day-ending treat of a lifetime: the ultimate recliner – offering him his very own place of relaxation and comfort,” advises Claire.

She says that although it would be fun to surprise him on the day, it is advisable to rather let him choose his own: “Dads come in all shapes and sizes, with their own requirements and sense of style, so it might be best to let him test a few recliners out and choose his own. Rather buy him a gift card and go shopping with him when he redeems it, or take him out for a Father’s Day meal and end it with a reclining chair shopping trip. This way, you can ensure that he ends up with a recliner that fits his shape, size and style.”

She notes that buying a recliner isn’t a difficult task, but that it does require a certain amount of effort: “It is important to make sure that you know what to look for when you are shopping for a recliner, as not all recliners are created equal.” So take a seat, pay attention and prepare to welcome the newest member of your family – here are Claire’s top considerations:

- **Aesthetics:** There is no longer any need to compromise on good looks in lieu of comfort – today, you can invest in designer recliners that look as good as they feel. La-Z-Boy®recliners for example, boast sleek modern designs and they are available in a wide variety of upholstery options, including fabric, leather-uppers and full leather options.
- **Functionality:** Unlike regular seating, motion seating moves, and as such, the way it moves is a very important aspect to consider when making your purchasing decision. The La-Z-Boy®patented motion mechanism for example, allows the seat and the back to move together for a natural reclining movement. You can also personalise the effort required to ease into the reclining position of your choice, based on your individual body type.
- **Level of comfort:** It is imperative to try the motion seat out before you buy it – it should offer superior comfort and the ability to customise the position to suit your particular body shape and needs. Today, it is not just a matter of being upright or reclined – the back and footrest of all La-Z-Boy®recliners for example, work together or independently to allow for a total of 18 positions of optimum comfort.
- **Health and lumbar support:** Check out whether the seating offers complete lumbar support to your entire body in all positions, even when reclining, as it has been scientifically proven that this helps to reduce back pain. La-Z-Boy®recliners are sprung for complete body and lumbar support in all 18 positions.
- **Guaranteed longevity:** Find out how the units are constructed, and what they are made from. The guarantee is a good indicator of what kind of quality you are investing in. La-Z-Boy®recliners boast a 4-sided Unibody frame design crafted of superior Radiata hardwood and steel for lasting durability. All La-Z-Boy® recliners come with a unique 10-year limited warranty for added peace of mind and confidence.
- **Additional features:** High-end recliners should be able to be further customised with various add-on features. Single La-Z-Boy®incliners for example, have the option of the following motion mechanisms aside from the standard manual incliner: a manual layflat incliner for 180-degree reclining, a swivel motion, a power incliner for the ultimate in automatic relaxation, and a hi-lift incliner for those who don’t find it easy to get in and out of a seating position on their own.

COMPETITION

Trappers has your Father’s Day sorted!



We can’t think of a single dad that wouldn’t love a Father’s Day pressie from Trappers. Whether he’s a camper, a hiker, or even a biltong lover, this essential outdoor gear specialist shop has your Father’s Day gift sorted. There’s everything from outdoor apparel to footwear, from flasks to binocs ... and more

[View Competition >>](#)

COMPETITION

Get ready to refresh your space, inside and out



KZN’s largest lifestyle show, the ECR House & Garden Show, invites you to be inspired by their array of new show features and exhibits on June 30 to July 9 at the Durban Exhibition Centre. To mark this event, we are also giving away two double tickets to the show!

[View Competition >>](#)

COMPETITION

Here are Claire's "can't-miss" top La-Z-Boy® reclining options for Father's Day:

Norman Rocker Recliner

Priced from R6,999 in fabric

Priced from R11,999 in leather

Dimensions: 1020 x 700 x 920mm (fully reclined: 1550mm)

Choose between a Wood or Chrome Comfort Selector (handle)

Choose between Wood or Chrome armrests

Houston Rocker Recliner

Priced from R6,999 in fabric

Priced from R11,999 in leather

Dimensions: 1060 x 750 x 880mm (fully reclined: 1570mm)

Choose between a Wood or Chrome Comfort Selector (handle)

Trend Rocker Recliner

Priced from R6,999 in fabric

Priced from R11,999 in leather

Dimensions: 1010 x 910 x 1030mm (fully reclined: 1660mm)

Choose between a Wood or Chrome Comfort Selector (handle)

Lancer Rocker Recliner

Priced from R6,999 in fabric

Priced from R11,999 in leather

Dimensions: 1060 x 980 x 1080mm (fully reclined: 1750mm)

Choose between a Wood or Chrome Comfort Selector (handle)

Employment relations through the cases



On 27 June from 9am to 4pm at Coastlands Ridge Hotel & Conference Centre, Colin Heads will be presenting a one day workshop on the High Court (HC), CCMA, Labour Court (LC) and Labour Appeal Court (LAC) decisions and provide an understanding of how those decisions have recently impacted in the following areas of the Employment Relationship.

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COMPETITION

Win with the TOPS at SPAR Wine Show



Welcome to WINEderland where the stars are red, white and wild! For the second event of the 2017 national tour, the TOPS at SPAR Wine Show will be back at Suncoast, Durban to present a spectacular "pourformance" of South Africa's most loved wines and bubbly from 8th - 10th June 2017.

[View Competition >>](#)

COMPETITION

Handmade with love



Anything made locally and with love is something we just have to own, which is why we can't stop raving about the stunning range of heirloom artisan pendants from Home-Industry, in particular, their Unity Necklace (valued at R1380) consisting of four sterling silver organic rings beautifully displayed on a rolo slide chain and

Rialto Rocker Recliner

Priced between R4,999 and R6,999 in fabric

The Rialto is only available in fabric

Dimensions: 1020 x 840 x 1010mm (fully reclined: 1700mm)

Choose between a Wood or Chrome Comfort Selector (handle)



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COMPETITION

June Spoil

Lovely lunch in the hills.



View Competition >>

COMPETITION

Fancy winning a voucher from Extra Yum Cakes?



It's the baking studio with the "X" factor -that undefinable quality that makes it's creations stand out! In honour of Father's Day, Extra Yum Cakes in Kloof shares this fantastic Tray-Bake recipe for you to knock up for your dad if you like being hands-on in the kitchen, as well as giving one lucky Getit Online reader the chance to win a cake voucher.